

NEWSLETTER

2016 starts joyfully for Bethesda

Every December the Garden Route Mall has stations where you can have your Christmas gifts wrapped. The proceeds of these stations are then donated to various Charity organizations. This year we were very lucky to be chosen as a beneficiary.



We provided our "Needs List" to the donor and they contacted us with feedback on a project that they wish to contribute an amount of R20000,00 to. This chosen project is an Activities of Daily Living (ADL) Room for Occupational Therapy. The ADL room would consist of a basic house set up with areas like a bathroom (dummy bath, toilet and basin), small kitchenette, bedroom and dining room area. Patients will undergo therapy teaching them to do transfers from their wheelchair, how to use everyday household equipment effectively and how to comfortably and independently function in a home environment; despite the challenges of their disability, long term illness or functional impairment.

This therapy is important for the patients and with this room training the family in taking care of the patient at home can also be done. This is all part of Bethesda's holistic approach to each patient and their family. It's not always just the physical aspects that needs rehabilitation, it's even more important to build the confidence, self-esteem and dignity of these patients to ensure optimal recovery.

ROTARY CLUB OF BAD HOMBURG V.D.H and ROTARY CLUB OF GEORGE MAKE A DREAM COME TRUE

A 2 year project became a reality in 2016. Mr Krause (from Germany) visited Bethesda in February 2014 and we had the opportunity to present our Project for New, Modern Medical Equipment to him. After many correspondence, proposals and meetings throughout the years we finally got the approval for a Rotary Global grant and started to purchase items for our Intermediate Care Facility (ICF), Home Community Based Care (HCBC) and Therapeutic services. The items purchased were: Adjustable Hospital beds, bedside lockers, over bed tables, medicine trollies, monkey poles, oxygen concentrators, vital signs monitors nebulizers, suction machines, ward chairs, adjustable baby cots, automatic bed pan washer, ceiling fans, blood pressure monitors, blood glucose meters, transfer boards, balance boards etc. These items will make a huge difference in the quality of service we can now provide to our clients. The new equipment is a wonderful advantage to our staff; not by only building their knowledge, but by giving them the opportunity to work more efficiently and environmentally friendly. In the past we were, at times, unable to admit certain patients as we could not provide the detailed care they needed. Now we are able to extend our already great services to those in need of more specialized needs and care. This project was one of the biggest Bethesda has ever been part of and we are truly grateful to Rotary Club of Bad Homburg V.D.H and Rotary Club of George for making this possible and making our dream come true.



OUR DETAILS

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Acc Names: Bethesda Medical & Relief Services - **Hospice** (Acc No.: 1091 128 499) or
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