



Bethesda Newsletter



March 2017

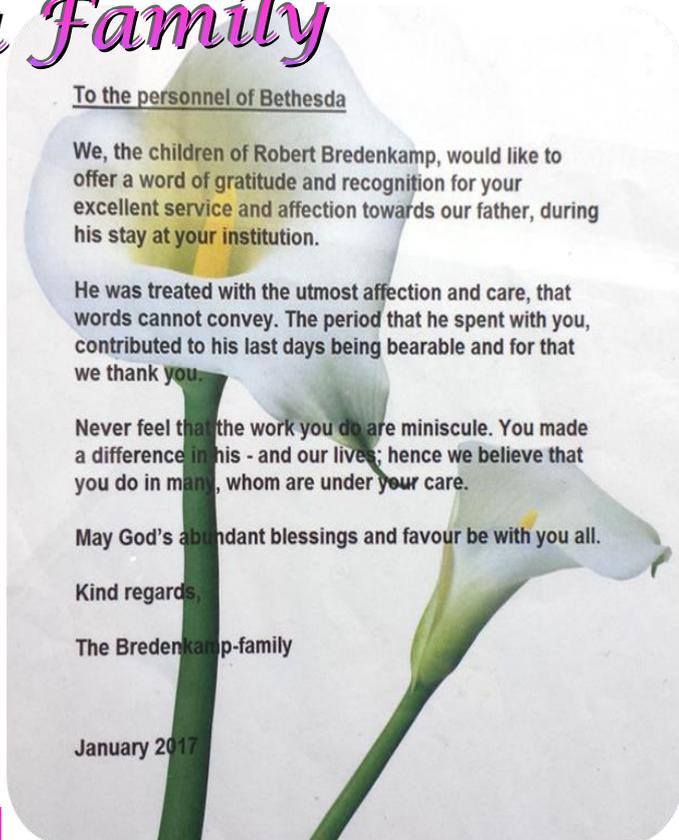
Appreciation from a Family

Here at Bethesda our staff are often just busy doing their work. They are giving their best and doing what is expected of them, but this story makes us see that our services and efforts mean so much more.

Mr Robert Bredenkamp was admitted to Bethesda's Intermediate Care Facility on 6 December 2016. He suffered from Chronic Lung Disease and had also suffered a stroke. Mr Bredenkamp was the father of 3 children and his eldest daughter was the primary care giver. She cared for her father for an extensive period and after much consideration the family decided to admit him to Bethesda for 24 hour care.

On his admission the staff of the Intermediate Care Facility immediately noticed how close the family was. The staff found themselves becoming very involved with Mr Bredenkamp and his family members during his short stay with us; and special emotional bonds were formed.

Unfortunately Mr Bredenkamp passed away on 29 December 2016; but our staff was consoled in the knowledge that Mr Bredenkamp was at peace and died with dignity. In the beginning of this year we received this beautiful, framed note from his family. This note speaks to what we always strive for here at Bethesda.



"Heart and Hope"

A long, hard journey....



Lorenzo Seconds (32) was one of 3 people involved in a terrible accident in October 2016. Lorenzo sustained serious injuries to both his legs and one arm. He was transferred from George Hospital to Bethesda's Intermediate Care Facility 11 October 2016 for continued treatment and rehabilitation.

Being a very active man in the past this tragedy left Lorenzo bed- and wheelchair bound. The Interdisciplinary Team compiled a care plan for him and were determined to get him walking and active again.

We were ecstatic when Lorenzo walked out of our Facility 4 months later. The day of his discharge (11 February 2017) he had one last request for us: To contact the George Herald to do a follow up article after the accident and quoted from this article in Lorenzo's own words: **"I am glad to go home but I will miss the people at Bethesda. Here at Bethesda I received first class care. The Sisters and Therapy team helped me to be able to help myself."**

He also added a special thank you in the article (quoted): **"I still experience pain on a daily basis and I cannot walk without a leg brace but I am able to stand and walk. I wish to thank the Physiotherapist, Scott Rickard and Occupational Therapy Technician, Linda Kleinbooi for excellent rehabilitation. There were days when I wanted to give up but they encouraged me all the way."**

This is yet again a testimony of how Bethesda gives "Heart and Hope" to patients and children in our care.

OUR DETAILS

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Acc Names: Bethesda Medical & Relief Services - **Hospice** (Acc No.: 1091 128 499) or Bethesda Medical & Relief Services - **Child & Youth Care Centre (CYCC)** (Acc No.: 1091 128 510)